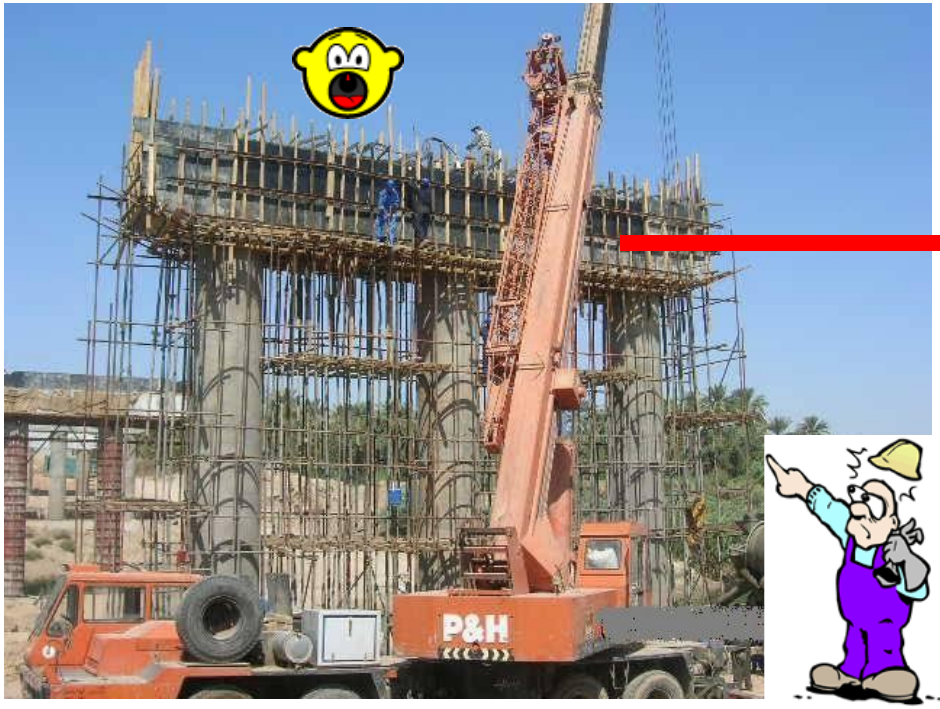
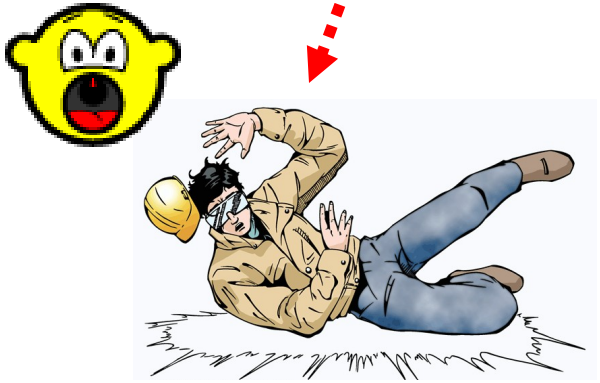
FALLS



Work above 6 ft (1.8 m) requires protection from falling

Serious injury or death!

Your SAFETY is very important!



You only have one LIFE!

Protect yourself from FALLING!

Do not think it will not happen to YOU!

- **Wear a body harness to protect from falls!**
- **Wear harness correctly!**
- **Protect yourself from falls if above 6 ft. (1.8 m)!**

Anchor point is important to stop your fall

Use approved clips or straps

NEVER wrap rope around anchor point

- **Firm and solid anchor point of at least 5,000 lbs (2,268 kg)**
- **NEVER wrap lanyard around anchor po**
- **Use strap, wire sling, or chain**

- **Full body harness**
- **Check for proper w**
- **Snug fit**

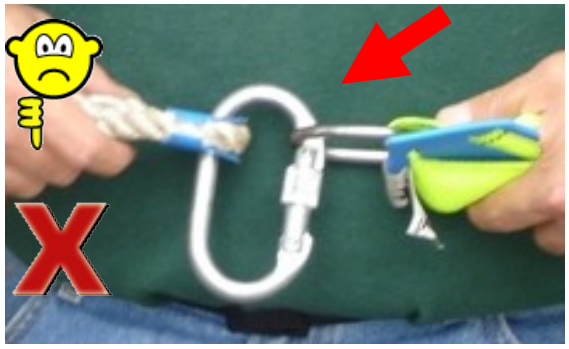
- **Lanyard**
- **Double Locking Clips on Both Ends**

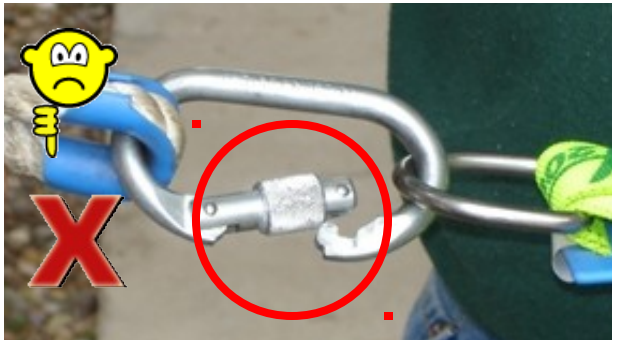
ONLY use locking clips

Check clips for safety

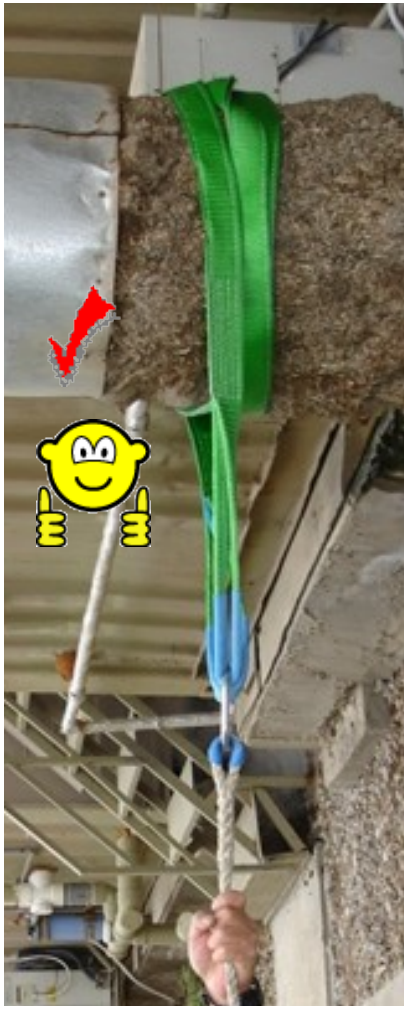
Clips are LOCKED tight

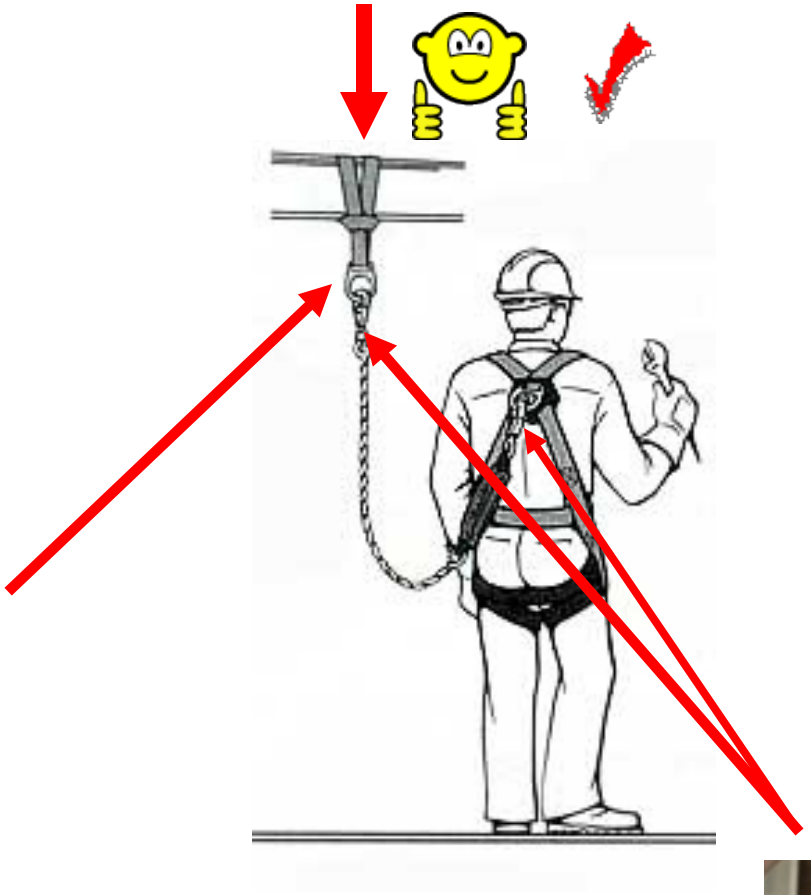
Inspect clips frequently for tightness and safety





Position anchor point above your head as much as possible



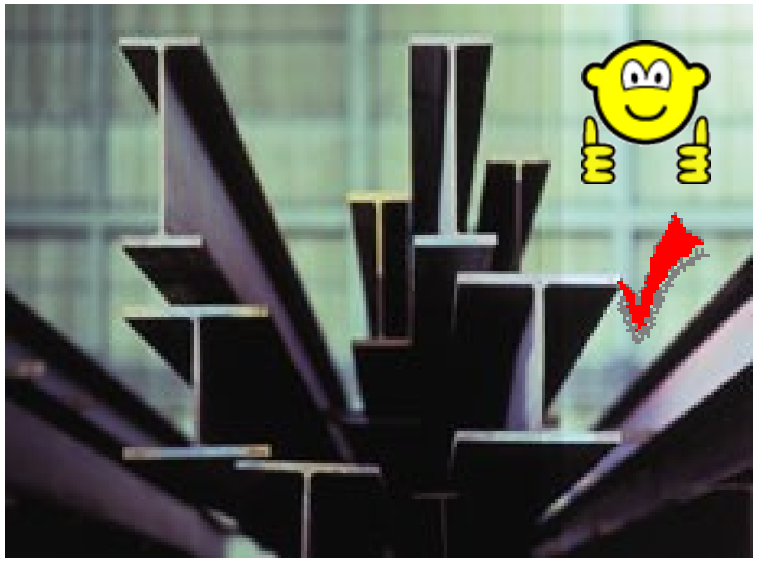


Pre-Plan

Your LIFE is in your Hands

Tie off to at least a 5,000 lbs (2,268 kg) anchor p

Anchor it RIGHT the FIRST TIME!



Your next FALL may be your LAST!